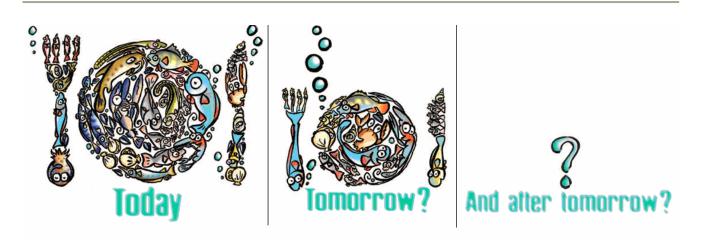
World Wetlands Day 2007 – 2 February Fish for tomorrow?

Wetlands support fisheries, keep them healthy.



- 2 February each year is World Wetlands Day.
- The focus for February 2nd 2007 is on wetlands and fisheries in recognition of the needs of the one billion people who rely on fish as their primary source of animal protein. Demand for fish and seafood has nearly doubled in the past 40 years and will continue to grow.
- But the fish are under threat from fish poisoning, water pollution, irrigation, hydroelectricity generation, road construction, eutrophication, sedimentation and human disturbance.
- 75% of our important fisheries are being over-fished or fished to their limit.
- Fishers, decision makers, fishery managers, wetland managers and consumers all have vital roles in sustainable fisheries.

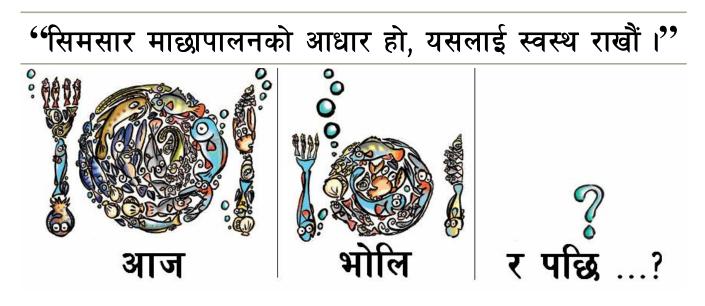
Code of conduct for responsible fisheries

- Manage stocks using the best available science;
- Use conservative management approaches when the effects of fishing practices are uncertain
- Avoid overfishing; prevent or eliminate excess fishing capacity;
- Minimize discarded fish and bycatch;
- Prohibit destructive fishing methods;
- Restore depleted fish stocks;
- Monitor the effects of fishing on all species in the ecosystem, not just the target fish stock;
- Recognize the importance of artisanal and small-scale fisheries, and the value of traditional management practices;
- Develop aquaculture in an environmentally and socially responsible manner.



Informative leaflet on World Wetlands Day 2007 produced by Wetland Friends of Nepal, POB 43, Pokhara, <u>www.wetlandfriends.org</u>, <u>mail@wetlandfriends.org</u>

भोलिको लागि माछा? बिश्व सिमसार दिबस (२००७) फेब्रुअरी २



- बिश्व सिमसार दिबस प्रत्येक बर्षको फेब्रुअरी २ मा मनाईन्छ ।
- माछाहरु प्रकृतिका अभिन्न अङ्ग हुन । यिनीहरु प्रोटिनको मुख्य स्रोत पनि हुन् ।
- सिमसार माळाको प्रमुख बासस्थान हो ।
- विगत ४० वर्षमा माछाको माग दोब्बर भएको छ र अभौ बढ्दो कममा छ।
- मानविय कृयाकलापले गर्दा भइरहेको सिमसार बिनाशले माछाहरु खतरामा परेका छन् । तसर्थ,
- सिमसारमा बिषादिको प्रयोग गर्ने, करेन्ट लगाउने, पानी तर्काउने, बिजुली निकाल्ने, अधिक माछा मार्ने जस्ता कार्यहरु नगरौं ।
- दिगो माछापालनको लागि माछा पालक, माभी, उपभोक्ता, सिमसार व्यबस्थापक र सम्बन्धित निकायहरुले बिशेष ध्यान पुऱ्याऔं ।
- बाताबरण र प्राकृतिक सन्तुलनमा असर नपर्ने गरी माछापालन गरौं ।
- सिमसारको संरक्षण गरी माछालाई बाँच्न दिउँ।



वेट्ल्याण्ड फ्रेन्ड्स अफ नेपालले बिश्व सिमसार दिबस २००७ को उपलक्ष्यमा प्रकाशित सामाग्री