

Ethnomedicine of Tugen Community, Baringo County- Kenya

	Botanical Name	Local Name (Tugen)	Disease
1	<i>Garania livingstonei</i>	Nerkwo	a) Headache b) Skin rash
2	<i>Toddalia asiatica</i>	Ketemwo	a) An ingredient in the arrow poison. b) Cold flu
3	<i>Polystachya sp.</i>	Sigotye	Erectile dysfunction
4	<i>Boscia coriacea</i>	Sirwo	Impotence
5	<i>Secamone punctulata</i>	Chepkiskis	a) Gonorrhea b) Syphilis
6	<i>Pavetta oliveriana</i>	Tontinwo	Malaria
7	<i>Prunus africana</i>	Timonwo	Prostate cancer
8	<i>Ocimum gratissimum</i>	Tomotop lagoi	Blood clotting
9	<i>Allophylus ferrugineus</i>		a) Diarrhea b) Ulcers c) Gastro intestinal disorder
10	<i>Chaetacme aristata</i>	Ukwo	Hemorrhoids
11	<i>Euphorbia engleri</i>	Cheboshewa	Sexually Transmitted Infections (STI)
12	<i>Acanthus eminens</i>	Tekelte	a) Liver problems b) Bacterial infections
13	<i>Gouania longispicata</i>	Suseet	Diarrhea
14	<i>Rubus apetalus</i>	Momonwo	a) Anemia b) Diabetes
15	<i>Ehrectia cymosa</i>	Purpurtii	a) Brucellosis b) Diabetes
16	<i>Thalictrum rhynchocarpum</i>	Chebositewo	Bacterial infections
17	<i>Cyphostemma ukerewense</i>	Sikakaa	Intestinal worms
18	<i>Combretum molle</i>	Chepchoboiwo	Mental illness
19	<i>Maytenus undata</i>	Kibanyinyeyaan	Constipation
20	<i>Cluttia abyssinica</i>	Laktano	a) Coughs b) Skin rash
21	<i>Aparagus racemosus</i>	Kibungeiwo	Cultural plant
22	<i>Myrsine africana</i>	Seketeet	a) Diabetes b) Blood pressure
23	<i>Tinnea aethopica</i>	Kipkuntul	Diarrhea
24	<i>Psiadia puctata</i>	Noskeech	Diarrhea among infants

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25	<i>Dodonacea visosa</i>	Tabulukwo	Pneumonia
26	<i>Carissa edulis</i>	Legetetwo	Brucellosis
27	<i>Erythrina abyssinica</i>	Kokorwo	a) Snakebites b) Malaria c) Sexually Transmitted Diseases
28	<i>Rhus longispes</i>	Sirwop boiyon	Erectile dysfunction
29	<i>Tarchonanthus camphoratus</i>	Lelekwo	Skin infections
30	<i>Grewia bicolor</i>	Misisitwo	Headache
31	<i>Leucas calostachys</i>	Ng'echechpan	E.C.F in livestock
32	<i>Garcinia buchananii</i>	Muikutwo	Heart disease
33	<i>Flacourtia india</i>	Tangururwo	Ulcer
34	<i>Heteromorpha trifoliolata</i>	Soyee	Goiter
35	<i>Olea Africana</i>	Emtit	a) Eye problem b) Chest pain c) Stomach problems
36	<i>Carissa spinarum</i>	Sekechewo	Measles
37	<i>Erythrina abyssinica</i>	Lelekwo	Allergy
38	<i>Zanthoxylum usambarensis</i>	Kokian	Cough
39	<i>Croton macrostachyus</i>	Toboswo	Blood clotting and S.T.I
40	<i>Clausena anisata</i>	Chepkolol	a) Gastro-intestinal disorders Pneumonia b) Headache c) Hypotension d) Sore throat
41	<i>Ficus sp.</i>	Barsokonoon	Eye infection
42	<i>Clematis brachiata</i>	Bissing'wo	Allergy
43	<i>Croton dichogamus</i>	Kelelwa	Cancer
44	<i>Caesalpinia volkensii</i>	Ng'ulong'ulwo	Malaria
45	<i>Indigofera atriceps</i>	Barkelat	Body pain
46	<i>Verbena bonariensis</i>	Pirirwopsot	Mouth infection in babies
47	<i>Senna didymobotrya</i>	Senetwa	Wounds
48	<i>Solanum aculeastrum</i>	Sigowo	a) Eye problem b) Spinal cord problem c) Common colds

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49	<i>Duranta erecta</i>	Barkowo	a) Fevers b) Malaria c) Measles d) Coughs
50	<i>Warbugia ugandensis</i>	Soge	a) Headache b) Chest problems c) Common colds d) Stomach complications e) Intestinal worms
51	<i>Vangueria volkensii</i>	Tobirbirwo	Diarrhea
52	<i>Solanum dasyphyllum</i>	Lobotwo	Food poison
53	<i>Sida schimperiana</i>	Segut	a) Boil b) Wounds c) Skin infections
54	<i>Ficus thonningii</i>	Simotwo	Diarrhea (Livestock)
55	<i>Croton megalocarpus</i>	Otonwo	a) Stomach problems b) Coughs (Livestock) c) Chicken feeds (Seeds)
56	<i>Bersama abyssinica</i>	Kibiriokwo	a) Hepatic diseases b) Stomach pains
57	<i>Hypoestes forsk</i>	Serar	Stomachache
58	<i>Mimusops kummel</i>	Lolwo	East Coast Fever (livestock)
59	<i>Bersama abyssinica</i>	Kontilwo	Heart disease
60	<i>Trimeria grandifolia</i>	Kipkowo	Allergy
61	<i>Rhamnus staddo</i>	Ng'oliny	Stomach wounds
62	<i>Periploca lineurifolia</i>	Sindendet	Cultural value
63	<i>Solanecio angulatus</i>	Lopotwo	a) Common colds b) Skin infections c) Joint pain d) Wounds e) Chest pain f) Fever
64	<i>Chasmonthera dependens</i>	Chepnyalilechbei	Malaria
65	<i>Senna abtusifolia</i>	Sinetwo ne mining	Stomachache
66	<i>Senna occidentalis</i>	Sinetwo	a) Yellow fever b) Skin infections

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			<ul style="list-style-type: none"> c) Typhoid d) Stomach problem e) Intestinal worms f) Constipation g) Malaria
67	<i>Acacia nilotica</i>	Chebiywo	Sore throat and Coughs
68	<i>Berchemia discolor</i>	Muchukwa	Diarrhea
69	<i>Terminalia brownii</i>	Koloswo	Yellow fever
70	<i>Balanites aegyptiaca</i>	Ng'oswo	<ul style="list-style-type: none"> a) Abdominal pains, b) Chest pain, c) Skin infections d) Skin diseases and e) Snake bites
71	<i>Zanthoxylum chalybeum</i>	Kokian	Coughs
72	<i>Aerva lanata</i>	Simotwo	Stomachache (Infants)
73	<i>Vangueria madagascariensis</i>	Komolwo	<ul style="list-style-type: none"> a) Constipation in children b) Fruits are edible (Vitamins)
74	<i>Tamarindus indica</i>	Arwo	<ul style="list-style-type: none"> a) Diarrhea and b) Dysentery
75	<i>Acokanthera schimperi</i>	Kelwon	<ul style="list-style-type: none"> a) Gonorrhoea b) Ingredient in preparation of arrow poison
76	<i>Acacia mellifera</i>	Ng'ororye	Syphilis
77	<i>Osyris lanceolata</i>	Moyukobil	<ul style="list-style-type: none"> a) Diarrhea. b) Commercially harvested for pharmaceutical production.
78	<i>Vernonia myriantha</i>	Tebengwo	<ul style="list-style-type: none"> a) Colic pains b) Blood purification
79	<i>Teclea nobilis</i>	Kurionde	<ul style="list-style-type: none"> a) Allergy b) Malaria c) Headache d) Common cold e) Pneumonia

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			f) Chest pain
80	<i>Vachelia xanthophloea</i>	Leng'ne	Synergistic plant
81	<i>Aloekedongensis</i>	Tengeretwa	Malaria
82	<i>Plectranthus barbatus</i>	Kang'urwo	Gastritis and intestinal spasms
83	<i>Bidens pilosa</i>	Chepkotiwo	Indigestion in infants
84	<i>Toddalia asiatica</i>	Ketemwo	Throat cancer
85	<i>Syzygium guineas</i>	Lomoiwo	Bronchitis